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60 **Abstract**

61 Since the beginning of the COVID-19 pandemic, the reproduction number  
62  $R$  has become a popular epidemiological metric used by policy makers and the  
63 media to communicate the state of the epidemic across countries. At its most  
64 basic,  $R$  is defined as the average number of secondary infections caused by

65 one primary infected individual.  $R$  seems convenient and easy to use, because  
66 the epidemic is expanding if  $R > 1$  and contracting if  $R < 1$ . The magnitude  
67 of  $R$  indicates by how much transmission needs to be reduced to control the  
68 epidemic. However, using  $R$  in a naïve way can cause new problems. The  
69 reasons for this are threefold. 1) There is not just one definition of  $R$  but  
70 many, and the precise definition of  $R$  affects both its estimated value and how  
71 it should be interpreted. 2) Even with a particular clearly defined  $R$ , there  
72 may be different statistical methods used to estimate its value, and the choice  
73 of method will affect the estimate. 3) The availability and type of data used  
74 to estimate  $R$  vary, and it is not always clear what data should be included  
75 in the estimation. For example, should imported cases that are immediately  
76 quarantined count towards  $R$ , or should the data used to estimate  $R$  capture  
77 the potential of the local population to transmit the infection? In this review,  
78 we discuss when  $R$  is useful, when it may be of use but needs to be interpreted  
79 with care, and when it may be an inappropriate indicator of the progress of the  
80 epidemic. We also argue that careful definition of  $R$ , and the data and methods  
81 used to estimate it, can make  $R$  a more useful metric for future management  
82 of the epidemic.

## 83 **1 What is the reproduction number $R$ ?**

84 Since the start of the novel coronavirus (SARS-CoV-2) pandemic, the reproduction  
85 number  $R$  has become a popular summary statistic, used by policy makers to assess  
86 the state of the epidemic and the efficacy of interventions and by the media to  
87 communicate the progress of the epidemic to the general public. The primary appeal  
88 of  $R$  is that it offers a single number that indicates whether the transmission of the  
89 pathogen is increasing or decreasing, depending on whether  $R$  is above or below  
90 one. Early  $R$  estimates for SARS-CoV-2 in different countries were in the range  
91 of 2.0 - 6.5 [35, 54]. However, the use of  $R$  can be problematic in terms of both  
92 its definition and its estimation. Its usefulness is precisely because it is a summary  
93 statistic rather than a basic parameter describing the dynamic processes of infection,  
94 transmission and recovery. To understand how it is calculated and how it can be  
95 affected by interventions, the epidemic process needs to be considered in more detail.  
96 When epidemic numbers are small or concentrated in possibly atypical parts of a  
97 population, it may be an unreliable descriptor of the state of the outbreak.

98 In this paper, we discuss these issues and determine the situations when  
99 the reproduction number  $R$  is most useful for assessing and communicating the state  
100 of an outbreak (see Figure 1).

## 101 1.1 The beginning of a pandemic - $R_0$

102 In the early stages of a new outbreak of an infectious disease we can define an  
 103 initial  $R$  value, known as the *basic reproduction number*  $R_0$ , that is the average  
 104 number of individuals infected by each infectious individual in a fully susceptible  
 105 population [22, 31, 32]. An outbreak resulting from one infected individual may die  
 106 out within a few infection generations by chance [20, 55]. Otherwise, if  $R_0 > 1$ ,  
 107 the incidence of cases will grow exponentially, with on average  $R_0^n$  cases in the  $n^{\text{th}}$   
 108 generation. Already, this simple description introduces a number of concepts and  
 109 assumptions. An individual's *infection generation* specifies their position in the chain  
 110 of infections, the  $(n - 1)^{\text{th}}$  generation infects the  $n^{\text{th}}$  generation, and so on. It also  
 111 assumes an underlying scenario (model) in which the average number of susceptibles  
 112 infected by each infective stays the same over successive infection generations, and  
 113 ignores the depletion of susceptibles. (We refer to those members of the population  
 114 who are uninfected and susceptible to infection as *susceptibles*, and those that are  
 115 infected and infectious as *infectives*.) The potential importance of these assumptions  
 116 depends on the contact structure of the population, to which we return below.

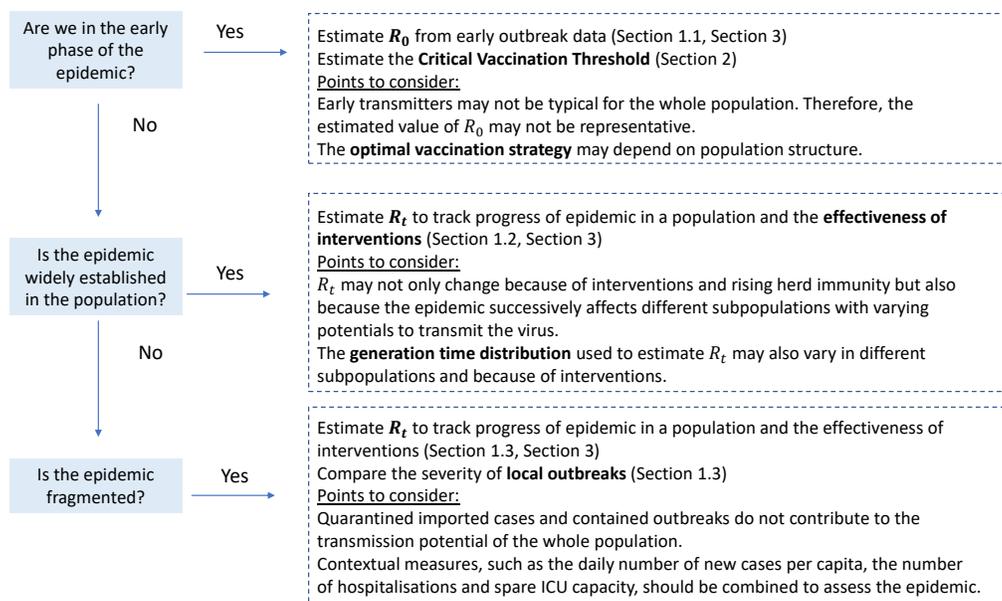


Figure 1: Flow chart summarising the main points explained in the main text depending on the state of the epidemic.

117 Thus,  $R_0$  (and other  $R$  values to be defined later) is not just a property of  
 118 the infectious agent (*pathogen*). It depends on demography, and whatever human  
 119 behaviour is associated with the possibility of infectious contact (an *effective contact*  
 120 is one that results in transmission if made with a susceptible, while a contact in  
 121 the common sense of the word has a certain probability of transmission). For the  
 122 simplest models,  $R_0 > 1$  implies that an introduction of infection will result in an

123 epidemic. Furthermore, if there were no interventions or changes in behaviour, then  
124 the proportion of the population infected during the entire course of an epidemic  
125 would be the non-zero solution of the equation  $P = 1 - e^{-R_0 P}$  (for example, if  
126  $R_0 = 2$ , then  $P$  is approximately 0.8). This result is referred to as the *final size*  
127 *equation*, and underscores the fact that during an epidemic it is not generally true  
128 that everybody will be infected at some point.

129 Individuals may vary considerably in their susceptibility to infection and  
130 in their propensity to pass it on through their biology or behaviour. Age is often  
131 an important determinant. If the population is grouped in some way, so that for  
132 instance some groups have higher  $R$  values than others, then the overall outbreak  
133 is expected to grow as described by an  $R_0$  that depends on all of these values, and  
134 also depends on how each group infects the others, i.e. on the  $R$  values between  
135 groups as well as within them ( $R_0$  is then the dominant eigenvalue of the matrix of  
136  $R$  values [21,22,31]). The first few stages of the outbreak may be atypical, depending  
137 on which group is first infected.

138 For the simplest mathematical model of the beginning of an outbreak, it  
139 is assumed that because only a small fraction of the population has been infected,  
140 all potential contacts are with susceptibles. This may be an unrealistic assump-  
141 tion because human interaction networks tend to be clustered (for example, through  
142 households, workplaces or schools). Growth through successive generations of infec-  
143 tion, which is the basis for defining  $R_0$ , does not translate simply into time, because  
144 the *generation interval* of an infection (the time interval back from the instant when  
145 a susceptible is infected, to that when their infector was infected) is variable, and  
146 infection generations may overlap temporally. Typically, growth in the early stages  
147 is faster than the simple assumption of a fixed average generation time would suggest  
148 and this is a major problem in estimating  $R_0$  from early outbreak data. In addition,  
149 the implicit assumption is that all infectives are identifiable as such. If there is a  
150 significant proportion of asymptomatic cases, an estimate of  $R_0$  may be affected by  
151 the time from when an asymptomatic infective has become infected to when he/she  
152 is expected to infect susceptibles. If this timing is the same for asymptomatic and  
153 symptomatic cases, then the estimate for  $R_0$  will be unaffected.

## 154 **1.2 The second simplest case: where an outbreak is widespread** 155 **- $R_t$**

156 When the pandemic is well-established in a country (or region), with large numbers  
157 of cases most of which are internal to the country, an ‘effective reproduction number’  
158 at time  $t$ ,  $R_t$  (sometimes denoted  $R_e$  or  $R_{eff}$ ), is a useful descriptor of the progress  
159 of the outbreak (Figure 1). Again, the concept is of an average of how many new  
160 cases each infectious case causes. The value of  $R_t$  may be affected by interventions:  
161 typically the aim is to reduce  $R_t$  below one and to as small a value as possible. For

162 models including detailed, and therefore complex, contact networks there may be  
163 more than one way of defining  $R_t$ ; however, definitions should always agree that the  
164 value of  $R_t$  is 1 when the expected number of new infections is constant.

165 The relevance of the assumptions here (large numbers of cases, mostly in-  
166 ternal to the region) is that in such circumstances we expect  $R_t$  to have a fairly stable  
167 value that changes substantially over time only when interventions are introduced  
168 or cease. The definition of  $R_t$  here is in terms of actual new infectious cases, i.e.  
169 excluding potentially infectious contacts with individuals who have had the disease  
170 and are immune to reinfection. As the number of immune individuals grows large  
171 compared to the entire population, the spread of infections will gradually slow, be-  
172 cause many contacts will be with immune individuals, and hence the value of  $R_t$  will  
173 be reduced. The level of immunity at which  $R_t = 1$  is the *herd immunity threshold*  
174 (see Section 2 on vaccination and herd immunity below).

### 175 **1.3 When the outbreak is at a low level or fragmented – the** 176 **concept of $R$ may be less useful**

177 If the outbreak is at a low level either because it has run its course or because of suc-  
178 cessful interventions, the definition and the use of an  $R$  value are problematic (Figure  
179 1). At low levels of prevalence there will (as in the early stages of the outbreak) be  
180 greater statistical variability. Additionally, there are likely to be heterogeneities as-  
181 sociated with the infection being unevenly spread among different subgroups of the  
182 population (possibly dependent on age, behaviour or geographical location [56]), with  
183 some parts of the population having had more exposure than others. There may also  
184 be local variability in interventions, and it may not be easy to allow for the effect of  
185 some cases being introductions from outside the population under consideration. If  
186 the outbreak is fragmented, particularly when close to elimination, it will make more  
187 sense to think of it as composed of separate local outbreaks, which can be modelled  
188 separately, rather than trying to specify an average  $R$  value overall.

### 189 **1.4 Relating $R$ to details of the infection process**

190 If the population is heterogeneous or structured, defining a reproduction number  
191 needs care, as the number of new cases an infective is expected to cause will depend on  
192 both their infectiousness and how well connected they are. It has been shown that in  
193 the early stages of an epidemic, when the relevant contact structures of a population  
194 are not known and interventions are not targeted, assuming a homogeneous contact  
195 structure results in conservative estimates of  $R_0$  and the required control effort.  
196 However, designing targeted intervention strategies requires reliable information on  
197 infectious contact structures [59]. There are several basic ways to use structured  
198 population models to capture departures from the simplest epidemic models. The

199 four most common are (i) household models, (ii) multi-type models, (iii) network  
200 models and (iv) spatial models.

201 In a household model, every person in the population is assumed to be  
202 part of a single household, which is typically small, and may even be of size one.  
203 Those in the same household have a higher probability of infecting each other than  
204 is the case for two people chosen randomly from the population. In this model,  
205 reproduction numbers can still be defined [6, 27]. The most commonly used is the  
206 household reproduction number  $R_*$ , which is the expected number of members of  
207 other households that are infected by people from a primary infected household. It  
208 is still possible to consider the average number of susceptibles infected by a single  
209 infectious person. However, in order for this to be useful, the average has to be  
210 computed in a sophisticated way, because the number of people a person can infect  
211 will depend on how many members of the same household are still susceptible when  
212 s/he becomes infectious [47].

213 A second way of modelling heterogeneity in the population is to assume that  
214 the population can be subdivided into groups. The groups may be defined through  
215 age bands, social activity levels, health status, type of job, place of residence and  
216 so on. Characteristics such as susceptibility, infectivity and frequency of contact  
217 may depend on an individual's group, but all those in a single group have the same  
218 characteristics. It is often assumed that all these groups are large. If there are regu-  
219 lar inter-group contacts then the largest eigenvalue of the so-called next generation  
220 matrix [21, 22] has many similar properties to those of  $R_0$  for an epidemic spreading  
221 in a homogeneously mixing population, although the final size equation is generally  
222 not satisfied.

223 A third way of introducing heterogeneity is to represent the population by  
224 a network, where transmission is only possible between people sharing a link in the  
225 network. For many network models it is still possible to define a reproduction number  
226 [37]. It is important to note that the person initially infected in a population is often  
227 atypical and should be ignored in computing or estimating the reproduction number.  
228 A useful extension is a mixture of a network model and a homogeneous mixing  
229 model, in which both regular and casual contacts are captured. In this extension, a  
230 reproduction number with the desired threshold properties can be defined [5].

231 Sometimes most transmission is restricted to people living close to each  
232 other, and spatial models are useful when physical location should be incorporated.  
233 For these, it is often difficult to define a reproduction number because there is no  
234 phase in which the number of infecteds is growing exponentially [19, 48]. If standard  
235 estimation methods are used where there is a considerable spatial component then  
236 the estimates will be close to one, even when the spread is highly supercritical and  
237 transmission needs to be much reduced in order to control the epidemic.

## 238 **2** $R$ , vaccination and herd immunity

239 As immunity builds up in a population through infection during the course of an epi-  
240 demic, even when the contact rate between individuals remains the same (assuming  
241 no change in interventions), both the chance that a contact is susceptible to infection,  
242 and the effective reproduction number,  $R_t$ , will decrease. Herd immunity is achieved  
243 when enough individuals have become immune so that  $R_t$  falls below the value 1  
244 without the need to reduce contacts among individuals by non-pharmaceutical in-  
245 terventions.

246 Vaccination provides another means of building up immunity in a popu-  
247 lation. Depending on the coverage, it can slow or halt the spread of an epidemic,  
248 preventing individual infection or limiting experiences of disease. All vaccination  
249 programs aim to achieve sufficient immunity in the population that  $R_t < 1$  without  
250 modifying contact patterns among individuals. In this situation, there are insuf-  
251 ficient susceptibles in the population for sustained transmission. The susceptible  
252 proportion of a population for which  $R_t = 1$  is known as the *critical vaccination*  
253 *threshold (CVT)*. When the susceptible proportion is below this threshold, there is  
254 herd immunity, which means that the population is protected from a major outbreak  
255 even though not everyone is vaccinated or otherwise immune.

256 In simple mathematical models (e.g. models in which the population is  
257 only subdivided into susceptible, infected and recovered individuals), the CVT is  
258 determined by the basic reproduction number  $R_0$ . Specifically, vaccination of a  
259 uniform randomly chosen proportion  $1 - \frac{1}{R_0}$  of the population is sufficient to create  
260 herd immunity and prevent an epidemic, as long as the vaccine-induced immunity  
261 is sufficiently long-lasting [52]. As a simple example, if  $R_0 = 2$  then 50% of a  
262 population would need to be vaccinated or otherwise immune to prevent outbreaks.  
263 If  $R_0 = 3$ , as is approximately the case for COVID-19, then 67% of a population  
264 would need to be vaccinated or immune. When setting such vaccination targets,  
265 waning immunity needs to be taken into account. The implementation and impact  
266 of a vaccination programme depends on whether vaccination is performed before or  
267 during an outbreak [13, 33].

268 As outlined above, population structure affects the reproduction numbers  
269  $R_0$  and  $R_t$  as well as the probability that an epidemic will spread. Therefore, it has  
270 important effects on the threshold for herd immunity and the optimal vaccination  
271 strategy. For models with small mixing groups such as households, the basic repro-  
272 duction number  $R_0$ , as defined in Section 1.1, does not provide a good indicator of  
273 whether or not an epidemic can take off because repeated contacts within households  
274 are likely even in the early stages of an outbreak. However, in the early stages of an  
275 epidemic, between-household contacts are likely to be with individuals in otherwise  
276 fully susceptible households, so the reproduction number  $R_*$  which is given by the  
277 average number of between-household contacts that emanate from a typical within-

278 household epidemic [4, 7] can be used instead. For household models, herd immunity  
279 is achieved if a uniform randomly chosen proportion  $1 - \frac{1}{R_*}$  of all *households* in a  
280 population is fully vaccinated.

281 For COVID-19, a toy model has been used to illustrate the effect of popula-  
282 tion heterogeneity on herd immunity. It showed [11] that age structure and variation  
283 in social contacts among individuals could reduce the herd immunity threshold to  
284 43%, almost a third less than that for a homogeneous population. Assuming a more  
285 extreme variation in social contact rates and that the most exposed individuals be-  
286 come infected first, another study estimates that the herd immunity threshold in  
287 some populations could be as low as 20% [29]. In addition, there is some indica-  
288 tion that immunity gained from infection by some common cold coronavirus strains  
289 may provide cross immunity to SARS-COV-2 [50, 62]. There have also been reports  
290 that immunity gained from COVID-19 infection may wane, reducing individual and  
291 population levels of immunity over time. If these observations are indeed applicable  
292 here, the herd immunity threshold could be further modified [50].

293 One important difference between immunisation by vaccination and by in-  
294 fection is that, during an epidemic, individuals with higher susceptibilities and/or  
295 larger numbers of contacts are likely to be infected earlier. If herd immunity is to  
296 be achieved by vaccination, optimal planning can reduce the coverage required to  
297 achieve herd immunity. For example, in an illustrative households model for variola  
298 minor infections in Brazil, it is shown that under the optimal vaccination strategy  
299 the proportion of the population that needs to be vaccinated is a third less than un-  
300 der a strategy that fully vaccinates randomly chosen households [3]. If a COVID-19  
301 vaccine is developed, demand will surely exceed supply initially. Designing optimal  
302 vaccination strategies for different settings that take into account population struc-  
303 ture alongside other public health concerns, e.g. protecting the vulnerable, could  
304 greatly enhance the chances of achieving herd immunity and the cost effectiveness of  
305 vaccination as an intervention.

### 306 **3 How can $R$ be estimated?**

307 Before estimating  $R$ , the purpose of the estimation needs to be clarified. Is it intended  
308 simply to track the changes in the trajectory of case numbers over time? Or is it  
309 intended to assess the potential of a population to transmit a pathogen perhaps in  
310 the context of considering interventions? If the latter, the relevant population needs  
311 to be defined. Depending on the purpose, different data sets and statistical methods  
312 can be used.

313 There are several approaches to estimating  $R_t$  from epidemiological data.  
314 In the most direct method, high-quality contact tracing data can be used, in theory  
315 at least, to estimate both  $R_t$  and the generation time interval, and this has been

316 attempted for COVID-19 [23]. However, contact tracing of SARS-CoV-2 infections  
317 is notoriously difficult because of the high proportion of asymptomatic infections.  
318 Moreover, effective contact tracing reduces the number of contacts of traced individ-  
319 uals so that the corresponding estimates will be biased.

320 More commonly,  $R_t$  can be estimated by inferring the rate of infection  
321 transmission within a dynamical model fitted to observed cases, hospitalisations,  
322 deaths or a combination of those [49, 60]. Dynamical models have been used widely  
323 to forecast the spread of COVID-19 and the effect of interventions. These models  
324 allow the impact of assumed changes in specific interventions on  $R_t$  to be explored, so  
325 estimating  $R_t$  in this way can be convenient. Dynamical models can be described by  
326 systems of differential equations and assume very large to infinite population sizes. In  
327 completely deterministic dynamical models, the uncertainty in estimated  $R_t$  values  
328 depends only on data and parameter uncertainty, and not on stochastic uncertainty.  
329 However, if the number of new infections is small, the value of  $R_t$  is strongly affected  
330 by chance events, which increases the uncertainty in the estimate. This situation can  
331 be addressed by use of stochastic models or incorporating stochastic assumptions in  
332 otherwise deterministic model frameworks.

333 But this approach is not without drawbacks. Not least,  $R_t$  estimates from  
334 dynamical models depend critically on assumptions (e.g. model structure and which  
335 parameter values are estimated), and on data quality. Another potential drawback is  
336 that many parameters of dynamical models are often assumed to be fixed over time.  
337 These approaches are therefore less suited to capture the effects of gradual, contin-  
338 uous changes in behaviour, mobility or social network structure. However, gradual  
339 changes in dynamic models can be incorporated by assuming that transmission pa-  
340 rameters change over given intervals, while at the same time the possible amount of  
341 change is constrained to avoid big jumps caused by a small number of noisy data  
342 points [10]. In this way, dynamical models that include change-points in the rate of  
343 infection near specific interventions can infer the impact of control policies, as well  
344 as the effect of susceptible depletion.

345 There is also a difference in how  $R_t$  is estimated between compartmental and  
346 agent- or individual-based models. In an agent-based model, it is possible simply to  
347 count exactly how many secondary infections are caused by each primary infection.  
348 Thus, all details of the epidemic – including time-varying viral loads, population-  
349 level and localised immunity, interventions, network factors, and other effects – are  
350 automatically incorporated, and do not need to be considered separately [45]. As  
351 agent-based models explicitly include stochastic effects, the uncertainty in  $R_t$  esti-  
352 mates can be greater than for those derived from deterministic dynamical models.  
353 Because of the greater number of parameters included in dynamical and particularly  
354 agent-based models, they require more data and more different types of data than  
355 the simpler statistical models below to identify estimates for all parameters.

356 A third approach uses statistical models to estimate  $R_t$ , and continuous

357 changes in it, empirically from case notification data. These methods make minimal  
358 structural assumptions about epidemic dynamics, and only require users to specify  
359 the distribution of the generation interval. They are agnostic to population suscep-  
360 tibility or epidemic phase, but as we discuss below, care must still be taken to avoid  
361 quantitative and temporal biases. The most common empirical methods are the Cori  
362 method [18, 57] and the Wallinga-Teunis method [61]. Drawbacks of some statistical  
363 models include that they cannot be used to combine different data streams into a  
364 coherent picture.

365 Where genome sequences from viral samples taken from infected patients  
366 are available and the date of sampling is known,  $R_t$  can also be estimated using phy-  
367 logenetic methods. An evolutionary model is fitted that best explains the patterns  
368 of nucleotide substitution in the dated samples. The fitted model parameters in-  
369 clude the nucleotide substitution rate and the population size of the virus at a given  
370 time in the past. Using a metapopulation analogy, the effective population size of  
371 a pathogen has been shown to be proportional to the number of infected individu-  
372 als and inversely proportional to the transmission rate from which the reproduction  
373 number can be determined [39].

### 374 **3.1 Statistical methods to estimate $R$**

375 In this paragraph we discuss two frequently used simple statistical methods to es-  
376 timate  $R$  and common issues associated with them. The Cori and Wallinga-Teunis  
377 methods estimate subtly different versions of  $R_t$ ; the Cori method generates esti-  
378 mates of the instantaneous reproduction number and the Wallinga-Teunis method  
379 generates estimates of the case reproduction number [18, 25]. The key difference is  
380 that the instantaneous reproduction number gives an average  $R_t$  for a homogeneous  
381 population at a single point in time, whereas the case reproduction number can ac-  
382 commodate individual heterogeneity, but blurs over several dates of transmission.  
383 Furthermore, the case reproduction number is a leading estimator of the instanta-  
384 neous reproduction number, i.e. it depends on data from after the time for which the  
385 reproduction number is to be estimated, and must be adjusted accurately to infer  
386 the impact of time-specific interventions [30].

387 The instantaneous reproduction number represents the expected number of  
388 infections generated at time  $t$  by currently infectious individuals [18]. For real-time  
389 analysis, one of the benefits of estimating the instantaneous reproduction number is  
390 that it does not require information about future changes in transmissibility, and it  
391 reflects the effectiveness of control measures in place at time  $t$ . But as an aggregate  
392 measure of transmission by all individuals infected in the past (who may now be  
393 shedding virus), it does not easily consider heterogeneity in transmission. In contrast,  
394 the case reproduction number represents the expected number of infections generated  
395 by an individual who is first infected at time  $t$ , and has yet to progress through the full

396 course of viral shedding. This leads to “right censoring” when the case reproduction  
397 number is estimated in real-time; if all infections generated by individuals who were  
398 infected at time  $t$  have not yet been observed, then the data must be adjusted  
399 [14, 15, 44] or the case reproduction number will be underestimated.

400 The Cori method and the Wallinga-Teunis method involve inferring the  
401 values of  $R_t$  that are most consistent with observed incidence data (for a review,  
402 see [30]). In the Cori method, typically this inference is carried out by assuming  
403 that  $R_t$  is constant over fixed time windows. Smoothing windows are used to avoid  
404 spurious fluctuations in estimates of  $R_t$ . These can occur if imperfect observation  
405 and reporting effects, rather than actual bursts in transmission, are the main source  
406 of noise in the data. Cross-validation and proper scoring rules can be used to avoid  
407 under- or oversmoothing  $R_t$  estimates [26].

408 An important concept, basic to both methods, is the intrinsic generation  
409 time also referred to as the infectiousness profile. The intrinsic generation interval is  
410 a theoretical quantity derived from the renewal equation of Lotka and Euler [38, 60].  
411 It describes the time distribution of potentially infectious contacts made by an index  
412 case, and is independent of population susceptibility [17]. In practice, the intrinsic  
413 generation interval is not observable, and it must be estimated carefully from  
414 observed serial intervals within contact tracing data [17, 46]. The serial interval is  
415 generally defined as the duration of time between onset of symptoms in an index case  
416 and in a secondary case [53]. In the early stages of an outbreak, accurate estimation  
417 should adjust for right truncation of observations, for changes over time in popula-  
418 tion susceptibility, and for interventions like case isolation, which may shorten the  
419 generation interval by limiting transmission events late in the course of infectious-  
420 ness [2, 17, 46].

421 Both the Cori and Wallinga-Teunis methods are conceptually based on sep-  
422 arating the infectiousness of an infective into two components, total amount and  
423 timing. The timing is expressed by the generation time distribution while the total  
424 amount is expressed by  $R_t$ . The variation of (average) infectivity over time is as-  
425 cribed, at least in practical implementations of the methods, to changes in  $R_t$ , while  
426 the intrinsic generation time is assumed to remain fixed. This is a simplification that  
427 may lead to inaccurate estimation of  $R_t$ , since, in reality, the observed generation  
428 time distribution varies over time, both because of the epidemic dynamics [12, 53, 58],  
429 because of the epidemic affecting different subgroups of the population, with possi-  
430 bly different generation time distributions over time [36, 40], and, more importantly,  
431 because of interventions that affect the length or efficacy of the infectious period [2].  
432 An additional complication is that the “intrinsic” generation interval of the Cori and  
433 Wallinga-Teunis estimators includes potentially infectious contacts with both sus-  
434 ceptible and immune individuals, whereas only contacts with susceptible individuals  
435 cause new infections, and are observed in contact tracing [17, 46]. Even when using  
436 an accurately estimated, fixed generation time distribution, both  $R_t$  estimators are  
437 numerically sensitive to the specified mean and variance of the intrinsic generation

438 interval [16].

### 439 3.2 Data used to estimate $R$

440 Fundamentally,  $R_t$  is a measure of transmission. Ideally, it would be estimated from  
441 data on the total number of incident infections (i.e. transmission events) occurring  
442 each day. But in practice, only a small fraction of infections are observed, and noti-  
443 fications do not occur until days or weeks after the moment of infection. Temporally  
444 accurate  $R_t$  estimation requires adjusting for lags to observation, which can be es-  
445 timated as the sum of the incubation period and delays from symptom onset to  
446 case observation [9, 16]. Delays not only shift observations into the future, they also  
447 blur infections incident on a particular date across many dates of observation. This  
448 blurring can be particularly problematic when working with long and variable delays  
449 (e.g. from infection to death), and when  $R_t$  is changing. Deconvolution [8, 24, 28, 42],  
450 or  $R_t$  estimation models that include forward delays [1] can be used to adjust lagged  
451 observations. Simpler approaches may be justifiable under some circumstances. If  
452 observation delays are relatively short and not highly variable, and if  $R_t$  is not rapidly  
453 changing, simply shifting unadjusted  $R_t$  estimates back in time by the mean delay  
454 can provide a reasonable approximation to the true value (see Challen *et al.*, in this  
455 volume, for an in-depth discussion [16]). The benefits and disadvantages of each  
456 approach are reviewed in [30]. Changes over time in case ascertainment can also  
457 bias  $R_t$  estimates, so ideally data should be drawn from structured surveillance (see,  
458 for example, the REACT study [34]) or adjusted for known changes in testing or  
459 reporting effort [34, 43].

460 In practice,  $R_t$  can be estimated from a time series of new symptom on-  
461 set reports, cases, hospitalisations or deaths. Choosing an appropriate data stream  
462 involves weighing representativeness, timeliness of reporting, consistency of ascertain-  
463 ment, and length of lag. For example, reported deaths may be reasonably unaffected  
464 by changes over time in ascertainment, but adjusting for long lags to observation  
465 can be challenging, and deaths may not be representative of overall transmission  
466 (e.g. if the epidemic shifts toward younger age groups) [41, 51]. Extensions of exist-  
467 ing statistical models for  $R_t$  estimation could potentially integrate multiple kinds of  
468 data, by assuming that (e.g.) cases, hospitalisations and deaths, arise from a shared,  
469 latent infection process, with different delays [30]. A mechanistic model can also pull  
470 multiple data streams together by modelling the different processes underlying each  
471 data stream. Problems can arise if different data streams disagree on the progress  
472 of the pandemic. However, if the disagreement is caused by a shift in delays from  
473 events to reporting in different data streams, a mechanistic model can highlight these  
474 changes. Sometimes different data streams can be used for model validation.

475 All methods used to estimate  $R_t$  must decide on the length of the time  
476 window over which it is to be estimated. All data used to estimate  $R_t$  are noisy.

477 The shorter the time window used for estimation, the higher will be the noise-to-  
478 signal ratio and, therefore, the uncertainty in the estimate of  $R_t$ . In contrast, longer  
479 time windows will produce estimates with lower uncertainty, but sudden changes in  
480 transmission may not be detected if the time window is too long.

## 481 **4 Summary: Cautions and Recommendations**

482 During the early phase of the epidemic:

- 483 •  $R_0$  estimates in the early phase may not be representative for the population  
484 as a whole if the group of initial transmitters is atypical.
- 485 •  $R_0$  may be incorrectly estimated in the early phase if infected but asymptomatic  
486 individuals are not counted or recognised, and their epidemiologically relevant  
487 behaviour differs from that of symptomatic individuals.

488 When the epidemic is established in the population:

- 489 •  $R_t$  can differ for different population groups, and the value of  $R_t$  is dominated by  
490 the group in which most transmission occurs. To improve targeted containment  
491 measures, where possible additional information should be reported alongside  
492 case data, such as demographic, socio-economic and occupational information.
- 493 • The estimated value of  $R_t$  and its associated uncertainty depend on the data  
494 stream(s) used and the time window over which  $R_t$  was estimated, and these  
495 should be reported alongside the estimates. This will make it possible to draw  
496 more robust conclusions when considering results from different models.
- 497 • Model components that are likely to change over the time course of the epi-  
498 demic (e.g. the generation time distribution) should be updated regularly, and  
499 sensitivity to changing assumptions should be kept under consideration.

500 When the ongoing epidemic is fragmented:

- 501 •  $R_t$  estimates from local outbreaks, if they can be contained, cannot inform on  
502 the progress of the epidemic and efficacy of interventions at the national level.  
503 They may inform local interventions. Other descriptors should be considered  
504 to assess the progress of the epidemic, such as the number of new cases per  
505 capita per day in a defined area, the number of hospitalisations and the spare  
506 hospital and intensive care capacity.

- 507 • Imported cases that are effectively quarantined should not be counted towards  
508  $R_t$  estimates as they do not contribute to the local transmission potential in  
509 the community.

510 Vaccination and herd immunity:

- 511 • If the available vaccine supply is limited, optimal vaccination strategies should  
512 be designed that take into account population structure and the transmission  
513 potential within different groups and other public health priorities, e.g. pro-  
514 tection of the vulnerable groups.

515 In conclusion, estimated  $R$  values do not exactly correspond to the theoretically de-  
516 fined quantities. In statistical terms, model uncertainty, sampling variability, and  
517 data accuracy affect the estimates. Nevertheless,  $R_0$  and  $R_t$  are useful quantities to  
518 assess the potential and progress of an epidemic. Their usefulness for decision mak-  
519 ing varies depending on the phase of the epidemic (early, established, fragmented).  
520 Clearly defining the context, the data streams and the statistical methods used to  
521 estimate  $R$  can improve its value for the management of an epidemic.

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