

On Hitting Times and Fastest Strong Stationary Times for Birth-and-death and Other Skip-Free Chains

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Hitting times for continuous-time skip-free chains

Theorem (Brown and Shao (1987), slightly extended)

- *state space* = $\{0, \dots, d\}$; *continuous time*
- $X =$ *upward-skip-free chain* with generator G ; $X(0) = 0$
- Assume $g_{i,i+1} > 0$ for $i < d$ and d is absorbing.
- Let ν_0, \dots, ν_{d-1} be the d nonzero eigenvalues of $-G$ (known to have positive real parts).
- Then the hitting time T for state d has Laplace transform

$$Ee^{-uT} = \prod_{j=0}^{d-1} \frac{\nu_j}{\nu_j + u}.$$

- In particular, if the ν_j 's are real, then the hitting time distribution is the *convolution of Exponential(ν_j) distributions*.

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- *state space* = $\{0, \dots, d\}$; *continuous time*
- $X =$ *B&D* chain with generator G ; $X(0) = 0$
- Assume $\lambda_i := g_{i,i+1} > 0$ for $i < d$ and d is absorbing.
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- Then the distribution of the hitting time T for state d is the *convolution of Exponential(ν_j) distributions*.

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- another proof for *skip-free* chains [previous proofs: *analytic*]
- for B&D: a *new simple explicit representation* of T as a sum of independent Exp rv's. [cf. Diaconis & Miclo (2007)].

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Similar result (and proof) for fastest strong stationary times:

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- *state space* = $\{0, \dots, d\}$; *continuous time*
- X = ergodic *upward-skip-free* MC with generator G ; $X(0) = 0$
- Assume X has *stoch. monotone time-reversal* [true for B&D].
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Theorem

- *state space* = $\{0, \dots, d\}$; *discrete time*
- $X =$ *upward-skip-free* chain with kernel P ; $X_0 = 0$
- Assume $p_{i,i+1} > 0$ for $i < d$ and d is absorbing.
- Let $\theta_0, \dots, \theta_{d-1}$ be the d non-unit eigenvalues of P .
- Then the hitting time T for state d has probability generating function

$$Eu^T = \prod_{j=0}^{d-1} \frac{(1 - \theta_j)u}{1 - \theta_j u}.$$

- In particular, if the θ_j 's are real [true for B&D] and nonnegative, then the hitting time distribution is the convolution of Geometric($1 - \theta_j$) distributions.

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Motivation and notes

- **Discrete-time results are sufficient** (and easier to discuss!); continuous-time results follow easily. [Use similar proofs, or consider $P(\varepsilon) := I + \varepsilon G$ for sufficiently small ε .]
- Even for hitting times of B&D chains, the problem of giving a stochastic proof and interpreting the individual Exponential random variables was open for some time.
- For B&D chains, the above theorems are the starting point of an in-depth consideration of the **cut-off phenomenon in separation** by Diaconis and Saloff-Coste (2006).
- An in-depth consideration of the **cut-off phenomenon in total variation distance** for B&D chains has been carried out by Ding, Lubetzky, and Peres (2008).

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Outline of proof

Focus for remainder of talk: theorem for hitting times for discrete-time **skip-free** chains. We outline the proof in two steps.

To set up:

- Let P have eigenvalues $\theta_0, \dots, \theta_d$.
- It's easy to check that one of these, say θ_d , equals 1 and that the others have modulus < 1 .
- Order $\theta_0, \dots, \theta_{d-1}$ arbitrarily.

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1. "Intertwining": We will exhibit a (generally complex) square matrix Λ on state space $\{0, \dots, d\}$ such that
 - (i) Λ is lower triangular.
 - (ii) The rows of Λ sum to unity.
 - (iii) $\Lambda P = \widehat{P}\Lambda$, where \widehat{P} (generally complex) is defined by

$$\widehat{p}_{ij} := \begin{cases} \theta_i & \text{if } j = i \\ 1 - \theta_i & \text{if } j = i + 1 \\ 0 & \text{otherwise,} \end{cases}$$

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- We will show from properties (i)–(iii) that

$$\mathbf{P}(T \leq t) = \widehat{P}^t(0, d), \quad t = 0, 1, \dots,$$

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1.(a) Definition of Λ

- Let I denote the identity matrix and define, for $k = 0, \dots, d$,

$$Q_k := (1 - \theta_0)^{-1} \cdots (1 - \theta_{k-1})^{-1} (P - \theta_0 I) \cdots (P - \theta_{k-1} I)$$

with the natural convention $Q_0 := I$.

- Note the recurrence relation

$$Q_k P = \theta_k Q_k + (1 - \theta_k) Q_{k+1}, \quad k = 0, \dots, d-1,$$

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- Define

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- (ii) The rows of Λ sum to 1 because each of the basic factors $(1 - \theta_r)^{-1}(P - \theta_r I)$ in the definition of the Q_k 's has that property.
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- (iii) Our claim is that $\Lambda P = \hat{P}\Lambda$. Indeed, equality of k th rows is clear for $k < d$ from the recurrence relation for the Q_k 's and for $k = d$ from the Cayley–Hamilton theorem.

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Proof that $\mathbf{P}(T \leq t) = \hat{P}^t(0, d)$:

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$$\mathbf{P}(T \leq t) = \hat{P}^t(0, d)\Lambda(d, d)$$

by comparing $(0, d)$ -entries in $\Lambda P^t = \hat{P}^t \Lambda$ and using lower triangularity of Λ [whence $\Lambda(0, 0) = 1$ because row 0 sums to 1]:

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Proof that $\Lambda(d, d) = 1$

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- Limit as $t \rightarrow \infty$ of LHS equals 1.
- Limit as $t \rightarrow \infty$ of $\hat{P}^t(0, d)$ in RHS equals 1, completing proof that $\Lambda(d, d) = 1$, if eigenvalues are all real and nonnegative.
- In fact, in general case $\hat{P}^t(0, d) \rightarrow 1$ and so $\Lambda(d, d) = 1$. To see this, break off last row and column to write

$\hat{P} = \begin{bmatrix} A & b \\ 0 & 1 \end{bmatrix}$. The matrix A is upper triangular with spectral radius $\max\{|\theta_0|, \dots, |\theta_{d-1}|\} < 1$, and $b = (I - A)\mathbf{1}$. Then

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We now know (*) $\mathbf{P}(T \leq t) = \hat{P}^t(0, d)$ for $t = 0, 1, \dots$

- We now know that distribution of T is convolution of Geometrics, completing proof of theorem, if eigenvalues are all real and nonnegative.
- General finish to proof of theorem: By (*),

$$\mathbf{E} u^T = (1 - u)(I - u\hat{P})^{-1}(0, d), \quad |u| < 1.$$

But it's easy to invert $I - u\hat{P}$ explicitly: the inverse is upper triangular, with

$$(I - u\hat{P})^{-1}(i, j) = \frac{(1 - \theta_i) \cdots (1 - \theta_{j-1}) u^{j-i}}{(1 - \theta_i u) \cdots (1 - \theta_j u)}, \quad 0 \leq i \leq j \leq d.$$

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Stochastic constructions for B&D chains

- Restrict attention to **birth-and-death** chains from now on. Stick with discrete time (for definiteness), for now.
- For a **B&D** chain as in our hitting-time theorem, the eigenvalues θ_j of the kernel P are all real. To see this, perturb (by arbitrarily small amount) to get an ergodic kernel, which is time-reversible and thus diagonally similar to a symmetric matrix.
- Henceforth suppose that **the eigenvalues are all nonnegative** (for which $p_{ii} \geq 1/2$ for all i is sufficient). We now know that the absorption time T is distributed as the **convolution of Geometric($1 - \theta_j$) distributions.**

Spectral polynomials

- Order the eigenvalues θ_j so that

$$0 \leq \theta_0 \leq \cdots \leq \theta_{d-1} < \theta_d = 1.$$

- The polynomials

$$(P - \theta_0 I) \cdots (P - \theta_{k-1} I)$$

in P used to define the respective Q_k 's (modulo scalar factors) are called *spectral polynomials*.

- Claim: The spectral polynomials are all nonnegative matrices! Then the Q_k 's are stochastic, and hence so is the matrix Λ defined (we recall) by

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Proof of claim that **the spectral polynomials**
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- 1 for nonnegative symmetric matrices, by (**rather nontrivial!**) theorem of Micchelli and Willoughby (1979, *Linear Algebra and its Applications*);
- 2 for ergodic B&D kernels, by positive diagonal similarity to a nonnegative symmetric matrix;
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Intertwining

Recap: For a B&D chain with nonnegative eigenvalues, the matrices P , \hat{P} , and Λ are all stochastic, and we have the identity

$$\Lambda P^t = \hat{P}^t \Lambda, \quad t \geq 0.$$

- One says: "The semigroups $(P^t)_{t \geq 0}$ and $(\hat{P}^t)_{t \geq 0}$ are intertwined by the link Λ ."
- *Whenever* we have such an intertwining [with $\Lambda(0, \cdot) = \delta_0$], Section 2.4 of the **strong stationary duality** paper

Diaconis, P. and Fill, J. A. Strong stationary times via a new form of duality. *Ann. Probab.* **18** (1990), 1483–1522

shows (more than) one way to construct explicitly, from X and independent randomness, another Markov chain \hat{X} with kernel \hat{P} such that

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Remark: stochastic maximality

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- By the lower-triangularity of Λ , our construction satisfies $X_t \leq \hat{X}_t$ for all t . Thus, among all discrete-time B&D chains on $\{0, \dots, d\}$ started at 0 and with absorbing state d and given nonnegative eigenvalues

$$0 \leq \theta_0 \leq \theta_1 \leq \dots \leq \theta_{d-1} < \theta_d = 1,$$

the pure-birth "spectral" kernel \hat{P} is **stochastically maximal** at every epoch t .

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One way to construct \hat{X} [from Diaconis and Fill (1990)]:

- The chain X starts with $X_0 = 0$ and we set $\hat{X}_0 = 0$.
- Inductively, we will have $\Lambda(\hat{X}_t, X_t) > 0$ (and so $X_t \leq \hat{X}_t$) at all times t . In particular, $X_t \leq X_{t-1} + 1 \leq \hat{X}_{t-1} + 1$.
- The value we construct for \hat{X}_t depends only on the values $\hat{X}_{t-1} = \hat{x}$ and $X_t = y$ (with $y \leq \hat{x} + 1$) and independent randomness. There are two cases.

- *Case 1:* If $y \leq \hat{x}$ then set $\hat{X}_t = \hat{x} + 1$ with probability

$$\frac{\hat{P}(\hat{x}, \hat{x} + 1)\Lambda(\hat{x} + 1, y)}{(\hat{P}\Lambda)(\hat{x}, y)} = \frac{(1 - \theta_{\hat{x}})\Lambda(\hat{x} + 1, y)}{\theta_{\hat{x}}\Lambda(\hat{x}, y) + (1 - \theta_{\hat{x}})\Lambda(\hat{x} + 1, y)}$$

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One way to construct \hat{X} : continuous-time B&D chains

One way to construct \hat{X} [briefly, using Fill (1992, *Journal of Theoretical Probability*)]:

- If the bivariate chain (\hat{X}, X) is in state (\hat{x}, x) at a given jump time, then we construct an exponential random variable with rate

$$r = \nu_{\hat{x}} \Lambda(\hat{x} + 1, x) / \Lambda(\hat{x}, x).$$

- If X jumps before this exponential expires, then \hat{X} holds unless X jumps to $\hat{x} + 1$, in which case \hat{X} also jumps to $\hat{x} + 1$.
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A final remark: stochastic constructions for skip-free chains

Remark: In the general setting of our hitting-time theorem for **upward-skip-free** chains, we do not know any broad class of examples other than the **B&D** chains we have just treated for which the eigenvalues are nonnegative real numbers and the spectral polynomials are nonnegative matrices. Nevertheless, the stochastic construction we have described applies verbatim to all such chains.